

Cabot School District Health & Wellness

Triennial Assessment SY 19-20

	Month	Wellness Policy
Ark 6.07.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)	October	#2
Ark 6.07.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity	August	# 6, 8, 9, 10, 11, 12, 13
Ark 6.07.1.3 Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA	August	# 12
Ark 6.07.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)	August	# 12
LEA's are required to inform and update the public about the content and implementation of the local wellness policy	October	# 19
LEA's must measure periodically and make available to the public an assessment of the local wellness policy including (Triennial Assessment): <ul style="list-style-type: none"> · Extent to which schools are in compliance with the local wellness policy (using this checklist) · Extent to which the LEA's local wellness policy compares to model local school wellness policies (using the "Included in Policy?" checkbox on this form) · And progress made in attaining the goals of the local wellness policy (using BMI data, SHI, and ACSIP) 	October	Completed 10/30/2019
Include in the Wellness Policy, a standard for food and beverage marketing that allows marketing and advertising of only those foods and beverages that meet the Smart Snacks nutrition requirements.	August	# 14
Include in the Wellness Policy, a description of public involvement, public updates, policy leadership, and evaluation plan.	August	# 19
Cabot School District Wellness Policy 5.25 may be accessed: http://www.cabotschools.org/public/userfiles/District_Policies/20192020/ADE_New_Name_DESE/Sec_5_-_Curriculum_and_Instruction_-_ADE_Name_Change_August_2019.pdf		